

BRAHMATHEERTH

SAINT SUNDAR'S ELIXIR OF DIVINE WISDOM



“BRAHMAM
PERSONIFIED”

Dear Readers,

I welcome you all to a new journey through this magazine which will be life changing as we begin to unlearn the hidden spiritual wisdom from the beyond. Brahmatheerth is the rarest of the rare magazine to guide us in the path of self-realization/moksha written by Saint Sundar, a living saint; a self-realized master of our times; and God in human form. To a person in real search of himself or truth, this magazine is a treasure to cherish since no other book can actually help to understand the ultimate truth/reality. Without the guidance of a realized master, one can never understand truth and it would take years of tapas or sadhana to actually progress in the journey of self-realization. But Saint Sundar wants this knowledge to be spread across the world and hence has been enlightening us with his wisdom so that a person with the real search will not go empty handed.

I humbly request you all to not merely read this content as any other magazine because the actual meaning behind the words could be easily missed. One should start reading this with utmost awareness and an open heart to reap the maximum benefits. Please do not try to contemplate the teachings in this magazine with your mind since most of the concepts are beyond the understanding of a human mind. Before reading this magazine I request you all to drop your mind and start imbibing the truth emanating from Saint Sundar's discourses.

Charupriya T S

Dear Readers,

I know it will be very tough for you to understand my statements about Brahman. It will be above your head for sure which I know very well. I am giving you all these details not to understand these facts but for you to imbibe these in your system (heart/being). One day you will be able to understand my outpourings about Brahman. It solely depends on you and your sincere seeking and spiritual travel along with reading and listening to my outpourings. All the best.

P.S. In order to stress the importance of my statements and my learnings from Brahman itself, I have put the cost of the magazine to Rs1000/- only for each family. I will leave it to your consciousness to pay or not to pay. You can say a thousand and one reasons for not paying which I don't mind. But ultimately you are dodging your consciousness and God also.

UPI ID: 9176055812@ybl

Saint Sundar

BRAHMAM

PART-II

1. Brahman is everywhere

The existence is replete with Brahman. Brahman exists everywhere. There is no place in this universe which is not filled with Brahman. Whatever we see in this physical world, it is absolute Brahman. The ones who are witnessing this physical world, they are also Brahman. The container and the content, the seer and the seen, all are Brahman.

This is why the great poet and saint Avvaiyar says

**‘பார்த்த பார்த்த
திக்கெல்லாம் பரப்பிரம்மம்
ஆனதே’**

meaning ‘Wherever I turn and wherever I see, I see only the absolute Parabrahman’.



Tamil Poet and Saint Avvaiyar

2. Brahman is both inside us and also outside us.

Brahman pervades everything. Brahman exists inside us. Brahman exists outside us. Brahman also exists as the container. All living and non living things in this world are each a cluster of Brahman.

3. When one knows 'Brahmam' neither by learning the scriptures nor by listening to the sages, then Brahmam itself will reveal its true nature to them, the chosen ones.

Even if one learns all the Vedas and scriptures on Brahmam, they will just have information on Brahmam and be aware of its characteristics. But they can never know or fully understand the true nature of Brahmam. Brahmam transcends the human knowledge. Brahmam is unknowable for a human mind.

To know Brahmam, one should become Brahmam itself. To become Brahmam, Brahmam itself should reveal its true nature to you. And all this can never be achieved by reading the scriptures. To achieve this state, one has to be guided by a Guru who knows the true nature of Brahmam and has become Brahmam himself. When the sadhaka/sishya guided by a Guru becomes ripe enough, then Brahmam will reveal itself to him.

4. Not all of us are chosen ones

Brahmam will not reveal itself to everybody. Only to those who possess the eligibility and competence and to those who have the intense yearning to know the eternal truth will Brahmam reveal itself. They are called the chosen ones.

As the Zen saying goes 'The cup is already full. You will have to empty your cup', when the mind is full of theoretical ideas and knowledge about Brahmam, the innate nature of Brahmam can never be known. Only when the container is empty and ready with desire to know, will Brahmam reveal itself.



This is why when we consider Vedavids (Masters in Vedic wisdom), they can talk about Brahman, its characteristics and its existence for hours together, but they never know the real Brahman.

Whereas when you consider saints, they will not have any knowledge of the Vedas or any other scriptures, but they know the true nature of the Parabrahman. Once they know the Brahman, they become the knower of everything. Nothing will be unknown to them.

5. Brahman has its own way of contracting and expanding itself

Brahman, based on its own disposition, keeps on expanding and contracting. During this expansion and contraction, the world we see and everything in it also keeps changing accordingly. Brahman is permanent and infinite but it is ever changing.

Lord Krishna says,

“Everything is inside me, and I am inside everything”.



Normal human beings will take the literal meaning of his words and assume he says this because he is an avathar (reincarnation) of Lord Vishnu. But that is not the true meaning.

The one who knows Brahman will know that

'HE is Brahman'

'Brahman is inside him'

'He is everywhere'

'Everything is within him'

He and Brahman are synonymous. Thus, Lord Krishna and Brahman are synonymous, and his words are a direct declaration of the ultimate truth.

We human beings in this world are like mini galaxies. Everything that is present in this universe is also present inside each of us. We are all miniature GODS.

In Greek philosophy, they call this concept as macrocosm (universe) and microcosm (human body).



**Intricate connection between
Microcosm and Macrocosm**

It is rooted in the idea that the patterns and principles governing the larger cosmos are mirrored within the smaller scale of human beings and all living beings. This philosophy describes the human body and mind as the miniature versions of the larger universe.

In Tamil we say,

'அண்டத்திலுள்ள அனைத்தும் பிண்டத்தில் உள்ளது
பிண்டத்திலுள்ள அனைத்தும் கண்டத்தில் உள்ளது
கண்டத்திலுள்ள அனைத்தும் கபாலத்தில் உள்ளது'
which means

Everything that exists in the universe also exists within the human body. Everything inside the human body could be condensed inside the throat. Everything inside the throat can ultimately be condensed inside our head.

Therefore, to know the universe, we do not have to travel to space. We can find everything once we travel inside. This is how our ancestors, rishis and sages studied the astronomical and astrological concepts. In the ancient times, our ancestors had extensive knowledge on planets and the universe and recorded many astronomical concepts including the concept of the rotation of the earth, its orbit around the sun, calculations on planetary movements and eclipses and many more. These records dates back to 1000 BCE, almost 5000 years ago which is long before the existence of many civilizations. The methods our ancestors used to find these concepts is still a mystery to many. But all they did was to close their eyes and become the Brahman to know about its expansion and contraction.

6. Brahman has its own intelligence

Brahman operates on its own intelligence otherwise known as self-knowledge. Based on this intelligence Brahman expands and contracts and changes itself constantly. Brahman exists as the creator as well as the creation. Brahman is ever changing. Brahman can recreate itself and manifest itself in numerous forms.

Even though it changes ceaselessly, Brahman can never be destroyed. A human being can never destroy the world. Whatever we do in this earth and whatever we do to this earth, Brahman has its own way of reinventing and restructuring the world. In the present scenario, we talk about several phenomena like global warming, ice cap melting, climate change, pollution, ozone depletion etc., But all these are part of the expansion of Brahman. It can change the world upside down in the blink of an eye. Brahman will always remain eternal.

7. The Brahman, when it is fully expanded, it feels like an infinite world for us. The infinite expansion of 'Brahman' is sensed and perceived by us as infinite and expanding universes. But the expansion of Brahman is a total MAYA

A human mind can only analyse the gross nature of things. It can never understand and contemplate on the subtle nature of things. In the world as it is today, scientists have now declared that the universe is ever expanding. They have arrived on the hypothesis of many such universes and multiverses being created in the space and that it is an endless process.

This discovery is because they only see the gross part of the Brahman i.e., the creation. They are not aware of the subtle part behind the creation i.e., the creator. When one becomes aware of the creator, then the creation becomes illusion or MAYA. This is exactly why saints always say, 'The world is Maya'.

When the seer is present, he can see the world and hence the world exists. When the seer vanishes, there is no one to see the world and so the world does not exist from his perspective. So, the world exists only because we see the gross form of it. The infinite worlds and universes we see are all the gross forms of Brahman expanded. And this expansion is all theoretical and an illusion. Only the present moment, the 'now' is true. Everything else is total maya.

A classic example of this concept is a movie theatre.

(1) When we see the movie screen, we become engrossed in the movie and believe that everything we see there is real. This is similar to us human beings getting engrossed in maya/worldly things and believing that everything we see in this maya is real.

(2) Only very few will know that the movie screen is just a projection and will instead focus on the projector. When the focus is on the projector, the projection will no more be real. It becomes an illusion. The one who knows Brahman will have this awareness.

(3) Another set of people will know that the movie is a projection coming from a projector. But they will not focus on the projector. They still get involved in the movie/maya. They are akin to those who only read scriptures and Vedas on Brahman without the real knowing.

8. When the 'Brahmam' contracts and shrinks itself in to a tiny particle, the expansion of the world can no more be felt

When Brahmam shrinks and contracts, then the world and all the creation becomes complete 'sunyata'. When Brahmam decides to shun everything, the existence, the space and the worlds all become void. And all the expansion of Brahmam will roll back to its 'source'.

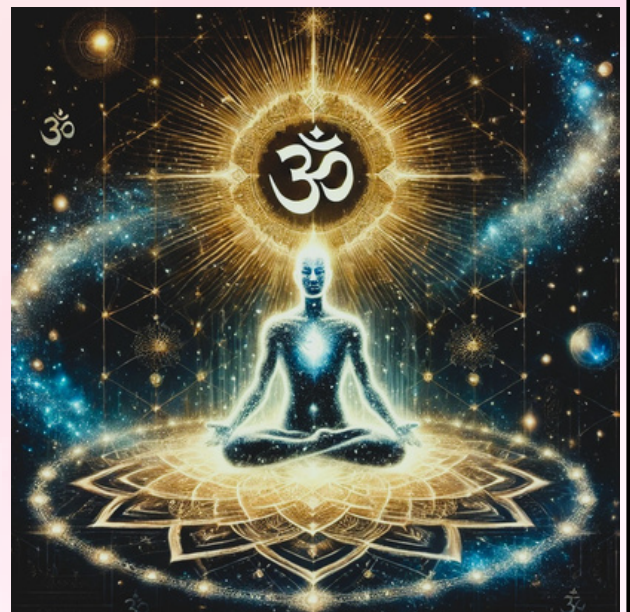
Brahmam has an origin also called 'the core'. When Brahmam flows out from the core, it expands and hence we see the creation - the universe, living and non living entities and everything in the world. When Brahmam shrinks and rolls back to its core, all the creation becomes void. And only the CORE remains! At such a state, the expansion of Brahmam is no more felt.

9. The one who imbibes the wisdom about 'Brahmam' from Brahmam itself becomes the true Brahman

In the ancient times, only those who have known Brahmam have been called as 'Brahman'. But this term has become a cliché now.

The real Brahman is the one who
knows Brahmam,
gets immersed in Brahmam,
merges as one with Brahmam, &
becomes Brahmam.

At this stage,
all the distinctions disappear.
He becomes a God unto himself.
And he becomes deathless.



10. 'Brahmam', 'Kal' and 'Time' are all interconnected and interwoven

The existence as such and everything in it is interconnected with time. In Tamil, time is referred to as 'kalam', 'kal' and 'kalan'. Kalan literally means Yama/Yamadev. This is because time is considered a finite resource and is constantly moving forward. When the time eventually runs out, it reaches the END or in other words the lifetime gets over. That is why Yamadev (God of death) is referred to as 'KALAN'.

We, human beings live in total maya. Hence our lifetime is exceedingly small, almost insignificant. Whereas Brahmam's lifetime is infinite and immeasurable. But similar to all the living and non living entities, Brahmam is also interconnected with time and therefore even Brahmam has its own time limit. After this time period, Brahmam reestablishes itself in a new time limit with a new time format. And thus, Brahmam remains eternal.

11. Brahmam and Brahma are synonymous.

The personification of Brahmam is Brahma. It is Lord Brahma himself.

One of the main reasons why there is no major temples for Brahma in India apart from a few is because Parabrahmam is everywhere. It is eternal. He is everything and he is inside everything. The one who is manifested in and as everything does not need a temple or a place of worship.

12. Our innermost 'CORE' is 'Brahmam' only.

Not everyone can realize this easily. Only those who have tasted their innermost core will come to know that it is Brahmam only. To reach the innermost core, one has to cross over all the boundaries of the mind and settle in the heart of their being. This is called 'the core'.



The core / Hridaya

In the Sufi tradition, saints call this core as 'the cave of heart' or 'al-qalb' which is the spiritual heart where the Lord/divine presence resides. In the yogic tradition, it is called 'guha' or 'hridaya'.

This core is Brahmam and Brahmam only !

13. The Vidya of Brahman / Brahavidya can never be learned from outside. It is deep inside all of us.

Since the ancient period, many saints, rishis and avatars have spoken about Brahman. They have explained the nature, characteristics and qualities of Brahman. They have used so many words to describe Brahman. But no one has ever truly shown what Brahman is, and it is impossible to state Brahman in one word. The existing knowledge are all just indicators of Brahman.



Even if I say hundreds of words to describe Brahman, it is impossible to understand what Brahman truly is. Based on my words, you all can just imagine Brahman from your perspectives. Even if you read all the Vedas, Upanishads and scriptures, you can never understand Brahman.

Unless and until you experience Brahman, you can never know the reality. And to know Brahman, you have to be with those who know Brahman. You can only learn brahavidya from your GURU and GOD. Once you learn the vidya, Brahman will reveal itself to you.



Saint Sundar at Mahakumbh 2025

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SAINT SUNDAR'S ELIXIR OF DIVINE WISDOM

WEBSITES

Guruji Sundar

Aathman Awareness Centre

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Astral Attachments

Nagalogam